

MINUTES

**UTAH
MARRIAGE AND FAMILY THERAPIST
LICENSING BOARD MEETING**

June 11, 2009

**Room 464 – 4th Floor – 9:00 A.M.
Heber Wells Building
Salt Lake City, UT 84111**

CONVENED: 9:03 A.M.

ADJOURNED: 11:18 A.M.

Bureau Manager:

Rich Oborn

Board Secretary:

Lee Avery

Board Members Present:

Richard Nielsen, Ph. D. Chairperson

Scot M. Allgood, Ph. D.

Veon G. Smith, DSW

Karen Feinauer

Jean N. Soderquist, Ph. D.

Guests:

James Ballard

Spencer Bradshaw

James Strait

Lauren Barnes

Carly Larsen

Anthony Hughes

Benton Lyons

Lori Barker

Lindsay Duncan

Mallory Meyer

Mindi Stevenson

DOPL Staff Present:

Kent Barnes, Compliance Manager

TOPICS FOR DISCUSSION

DECISIONS AND RECOMMENDATIONS

ADMINISTRATIVE BUSINESS:

MINUTES:

The Board reviewed the minutes from the March 19, 2009 Board meeting. Dr. Smith motioned to approve the minutes with changes, seconded by Dr. Allgood. The motion carried unanimously.

Kent Barnes, Compliance Manager

#1. Suzanne Dastrup is in compliance with her

stipulation. She is making good progress.

Discussion:

The Board discussed the progress Ms. Dastrup has made. The Board discussed releasing Ms. Dastrup from probation early. Her probation started December 16, 2005 to December 16, 2010. The Board noted this is not the first time Ms. Dastrup's license has been on probation. Mr. Oborn stated that he would pull the old minutes to see how Ms. Dastrup did during her first probation.

#2. Linda Helquist is in compliance with her stipulation. Her probation started in August 12, 2008, and is scheduled to end August 12, 2011. She has met with the Board three (3) times. She submitted a letter requesting early release from probation. Her supervisor has also submitted a letter supporting early termination of Ms. Helquist's probation.

Discussion:

The Board discussed Ms. Helquist's request for early release from probation. The Board noted that she is working hard and appears to have a better understanding.

APPOINTMENTS:

Suzanne Dastrup, Probation Interview

Ms. Dastrup met with the Board for her probation interview. Dr. Allgood conducted the interview. Ms. Dastrup stated that things are going well. Dr. Smith stated that he is Ms. Dastrup's supervisor and recuses himself from her interviews. Ms. Dastrup stated that she is on track and is doing what she needs to. With her license on probation, she was removed from several insurance panels and is having some financial difficulties. Ms. Dastrup advised the Board that the first time her license was on probation, she did not understand the rules. Since then she has learned to be more connected with colleagues. She has learned to make better choices, take better case notes, and she now knows how behaviors and choices are interpreted vs. how they were intended. She has learned to refer borderline cases to someone else. Ms. Dastrup stated she calls her supervisor, her former supervisor, and colleagues more often as needed. Ms. Dastrup states she still practices out of an office that is connected to her home. Once she sells her home, she will move her office to her colleague's office. The Board noted that Ms. Dastrup has been on probation for four (4) years

of a five (5) year probation. Dr. Allgood motioned to have Ms. Dastrup do as follows: (1). Formalize a written plan for continued support; (2). Give structure to her safety net; (3). Clarify her criteria regarding what “as needed” means; and (4). Submit a written request the Board consider termination of her probation, seconded by Ms. Feinauer. The motion carried unanimously. Mr. Smith clarified that Ms. Dastrup’s bi-monthly supervision starts now. The Board asked to see Ms. Dastrup on December 10, 2009. **Ms. Dastrup is in compliance with her stipulation.**

Linda Helquist, Probation Interview

Ms. Helquist met with the Board for her probation interview. Dr. Smith conducted the interview. Ms. Helquist advised the Board that she works with Kevin Kirschernmann, LCSW, Jill Seely, MC Intern, Daphne Dalley, LCSW and Helen B. Johnson, LPC. They share the same office space and she turns to them for consultation when needed. Ms. Helquist stated they meet, informally, every Thursday for case consultation. Ms. Helquist stated that they are very careful not to mention names and they obtain releases when consulting with each other. Everyone is an independent practitioner. They are talking about coming together for advertisement purposes. Everyone has different strengths. Ms. Helquist stated that she is meeting once a month with her supervisor. The Board expressed concerns about releasing Ms. Helquist from probation at this time. She has not yet completed one year of her three (3) year probation term. Ms. Helquist was advised that the Board would like to see more of a track record of her meeting with her supervisor support group. Dr. Allgood motioned to keep the status quo and have a telephonic probation interview with Ms. Helquist on September 10, 2009. Then consider decreasing the frequency of her supervision. Dr. Soderquist seconded the motion. The motion carried unanimously. The Board asked to see Ms. Helquist on September 10, 2009. **Ms. Helquist is in compliance with her stipulation.**

DISCUSSION:
Proposed Rule Change

Mr. Oborn advised the Board that there is a proposal to add an ethics requirement to the continuing education requirement. Mr. Oborn reviewed the specific language proposed. The Board discussed this

in detail, noting that the code of ethics is very different for a marriage and family therapist than other mental health professionals. The Board suggested changing the continuing education hours to require six (6) hours of the forty (40) hours is to be in ethics specific to marriage and family therapy. After further discussion, Dr. Allgood motioned to have Mr. Oborn move forward with the suggested changes, seconded by Dr. Smith. The motion carried unanimously. Mr. Oborn will write the language with the suggested changes for the Board's review.

APPLICATIONS:

Amanda Stevenson, Marriage and Family
Therapist Intern (MFTI)

Amanda Stevenson met with the Board. The Board reviewed her application for Marriage and Family Therapist Intern license. The Board introduced themselves. The Board reviewed the memorandum prepared by Mr. Oborn. Ms. Stevenson submitted additional coursework she completed at Pacifica Graduate Institute (PGI). Ms. Stevenson is currently enrolled at the University of Phoenix. Mr. Oborn noted that Ms. Stevenson will need to provide the following documentation showing she completed one hundred and twenty six and a quarter (126.25) total direct contact hours of which twelve (12) hours needs to be with couples and family therapy. Dr. Allgood motioned to issue Ms. Stevenson an MFTI license conditioned upon receipt of documentation verifying completion of additional hours submitted by Ms. Stevenson, seconded by Dr. Soderquist. The motion carried unanimously.

The Board briefly talked about the difference between a COAMFTE accredited program and a CHEA accredited program. The Board discussed clarifying the practicum requirement to specify that the 500 hours of supervised practice must be "direct, face to face" contact hours. Mr. Oborn stated the with the Board's recommendation he could include this change with the changes he is currently doing. Dr. Allgood motioned to make the recommended change, seconded by Dr. Soderquist. The motion carried unanimously.

Not on the Agenda:

The Board briefly discussed the adolescence programs and how what constitutes "couple or family therapy with two or more clients present." The majority of

Board members agreed that it is limited to work with actual families or couples.

CORRESPONDENCE:

None at this time

NEXT MEETING SCHEDULED FOR:

September 10, 2009

Board Meeting for 2009 scheduled for:
December 10, 2009

2010 Board Meetings Tentatively Scheduled:
March 11, June 10, September 9, December 9.

ADJOURN:

The Board adjourned at 11:18 A.M.

Note: These minutes are not intended to be a verbatim transcript but are intended to record the significant features of the business conducted in this meeting. Discussed items are not necessarily shown in the chronological order they occurred.

September 9, 2009

Date Approved

(ss) Richard Nielsen

Richard Nielsen, Ph.D. Chairperson, Utah Marriage and Family Therapy Licensing Board

July 7, 2009

Date Approved

(ss) Richard Oborn

Richard Oborn, Bureau Manager, Division of Occupational & Professional Licensing