

MINUTES

**UTAH
SUBSTANCE ABUSE COUNSELOR
LICENSING BOARD MEETING**

October 27, 2010

**Room 474 – 4th Floor – 9:00 A.M.
Heber Wells Building
Salt Lake City, UT 84111**

CONVENED: 9:13 A.M.

ADJOURNED: 4:03 P.M.

Bureau Manager:
Board Secretary:

Richard J. Oborn
Lee Avery

Board Members Present:

Shawn M. McMillen, Chairperson
Stephen R. Sheppard, Ph.D., Acting Chairperson
Marilyn Foster
Gloria Boberg
Georgia Hare

Board Members Absent:

David Felt

Guests:

Jeremy Boberg, AUSAP
Stacy Robinson
Betty Nielsen
Teresa Burton, Argosy University
Darin Eckton, Argosy University

DOPL Staff Present:

Susan Higgs, Compliance Specialist

TOPICS FOR DISCUSSION

DECISIONS AND RECOMMENDATIONS

ADMINISTRATIVE BUSINESS:

Minutes:

The Board reviewed the minutes from the August 4, 2010 Board meeting. Ms. Foster motioned to approve the minutes, seconded by Ms. Boberg. The motion carried unanimously.

Adding of new professions to DOPL Bureau 3

Mr. Oborn reviewed changes taken place in the Division.

COMPLIANCE REPORT:

Susan Higgs, Compliance Specialist

Update:

Mr. Black is not in compliance. Recently was in contact with Ms. Higgs and is in the process of submitting required information.

Charmeale Nish is in compliance. She continues to submit reports.

#1 Mr. Dee Marble is in compliance with his stipulation. Mr. Marble needs approval for Mr. Newell Nelson, LCSW as his new supervisor. Mr. Marble submitted CE in ethics for Board review.

#1. Ms. Noelle Carter is in compliance with her stipulation. She not currently working and is considering going back to school. Ms. Carter has completed over half of her probation.

#2. Ms. Kristi Versteeg is not in compliance with her stipulation. Records verify that she has missed calling Compass Vision nine to ten times a month during the last few months. Her supervisor reports state that she is doing well. Her therapist is Linda Steele.

#3. Mr. Chuck Robertson is in compliance with his stipulation. He now works for Turning Point. The Board needs to approve his proposed supervisor Sabina Weil, LPC.

#4. Ms. Colette Nelson is in compliance with her stipulation. She is asking to be released early from probation.

Discussion:

She had been out of compliance twice. She worked for Discovery House since December 2009. Ms. Nelson has been very compliant in calling her in for her drug screens. Her therapy has been consistent. The criminal probation reports have always declared her to be in compliance with her criminal probation. The Board noted it would like to keep her on probation until after the first of the year.

#5. Ms. Julie Kopaunik-Berg is not in compliance with her stipulation. She was issued her CSAC license October 17, 2010. She is not working in the field at this time. She said she did not realize she needed to submit the employer report stating she is not working. She failed to call the drug screen number several times. Ms. Kopaunik-Berg has not submitted verification of her participation in support group meetings.

#6. Ms. Rebecka McNeil is not in compliance with her stipulation. Ms. McNeil has missed calling for drug screens 21 times.

#7. Ms. Janice AuBuchon is in compliance with her stipulation. She resubmitted her essay but it was not much better than the first one she submitted. Ms. AuBuchon has not completed her CE requirement.

#8. Ms. Paula Bruce is a new probationer. She is doing well.

#9. Rochelle Beutler is a new probationer. She is doing well. Ms. Beutler submitted an essay and a detailed probation plan.

Preliminary review of Board business

Mr. Oborn reviewed the discussion items with the Board.

APPOINTMENTS:

Mr. Dee Marble, probation interview

Mr. Marble met with the Board for his probation interview. Ms. Boberg conducted the interview. Ms. Hare motioned to approve Mr. Newell Nelson as Mr. Marble's new supervisor, seconded by Ms. Foster. The motion carried unanimously. The Board encouraged Mr. Marble to continue calling the drug screen line even when he is out of state. Mr. Marble stated he continues attending support group meetings. He is currently on step twelve and is going to start over again. Ms. Boberg motioned to close the meeting

at 9:58 A.M. to discuss the character, professional competence, or physical or mental health of an individual, seconded by Ms. Hare. The motion carried unanimously. An audio recording and written notes were not taken. The Board meeting opened at 10:08 A.M. Mr. Marble gave the Board copies of the proposed ethics course for his CEs for review. The Board recommended Mr. Marble attend an AUSAP ethics course that is coming up in January. The Board asked to see Mr. Marble on January 26, 2011.

Mr. Marble is in compliance with his stipulation.

Ms. Noelle Carter, probation interview

Ms. Carter met with the Board for her probation interview. Dr. Sheppard conducted the interview. Ms. Carter stated that she was on medical leave with the Salvation Army. They have now closed their doors due to funding issues. Ms. Carter stated she is now living with her mom and her mom dispenses all of Ms. Carter's medication. Ms. Carter stated that she is considering going back to school. Ms. Hare motioned to close the meeting to discuss the character, professional competence, or physical or mental health of an individual at 10:18 A.M. seconded by Ms. Foster. An audio recording and written notes were not taken. The meeting opened at 10:22 A.M. The Board asked to see Ms. Carter on January 26, 2011. **Ms. Carter is in compliance with her stipulation.**

Ms. Kristi Versteeg, probation interview

Ms. Versteeg met with the Board for her probation interview. Mr. Prazza conducted the interview. The Board advised Ms. Versteeg that she has not called the drug screen hotline everyday as required in her Order. Even when she leaves the state, she is required to call. Ms. Versteeg states that she did not realize this and will make the calls in the future. Ms. Versteeg that work is a little stressful; however, she works with a good team of professionals. The Board noted that her supervisor reports are very positive. Ms. Versteeg submitted documentation of CE courses she completed. The Board asked to see Ms. Versteeg on January 26, 2011. **Ms. Versteeg is not in compliance with her stipulation.**

Mr. Chuck Robertson, probation interview

Mr. Robertson met with the Board for his probation interview. Dr. Sheppard conducted the interview. Mr. Robertson stated that he is working in an

outpatient/transition facility. Most of the residents come from a residential facility. He teaches life skills, relapse prevention skills and works one on one with the individual clients. Ms. Hare motioned to approve Sabina Weil, LPC as Mr. Robertson's supervisor, seconded by Ms. Boberg. The motion carried unanimously. Mr. Robertson stated that he continues staying active with his family. He does meditation and reads scriptures. He sees his counselor when needed. The last time was in August. His counselor is always there for him when needed. The Board noted that Mr. Robertson is getting good reports from his employer. Mr. Robertson stated that he has been sober for 20 years. He receives support from teaching others. The Board asked to see Mr. Robertson on January 26, 2011. **Mr. Robertson is in compliance with his stipulation.**

Ms. Colette Nelson, probation interview

Ms. Nelson met with the Board for her probation interview. Ms. Hare conducted the interview. Ms. Nelson stated that she continues working and attending support meetings. She completed the prime for life training and is now certified in this course. The Board noted that her therapy report from Glen Lambert is recommending her therapy be done on as needed. Ms. Nelson requested early release from probation. The Board stated that Ms. Nelson reported her relapse on November 1, 2009. The Board wants Ms. Nelson to have at least one year of sobriety before it would consider releasing her from probation. Ms. Boberg motioned to terminate her therapy, seconded by Ms. Hare. The motion carried unanimously. The Board encouraged Ms. Nelson to submit one more positive supervisor report by January 1, 2011 and the Board would consider removing her from probation at the January 26 meeting. The Board asked to see Ms. Nelson on January 26, 2011. **Ms. Nelson is in compliance with her stipulation.**

Ms. Julie Kopaunik-Berg, probation interview

Ms. Kopaunik-Berg met with the Board for her probation interview. Dr. Sheppard conducted the interview. Ms. Kopaunik-Berg returned the license sent to her in error. She gave her self-report to Ms. Higgs. Ms. Kopaunik-Berg stated she is doing well. She passed the NAADAC exam and will have her bachelors degree in February 2011. Ms. Kopaunik-

Berg stated she attends one support meeting a week and she works with a sponsor. Ms. Kopaunik-Berg stated that she stopped working in July when her license expired. She needs to complete six hours of ethics. On June 9, 2010, she completed two hours of ethics through Therapeutic Alliance. The Board advised Ms. Kopaunik-Berg that she would need to have her continuing education hours completed by January 28, 2011. The Board asked to see Ms. Kopaunik-Berg on January 26, 2011. **Ms. Kopaunik-Berg is in compliance with her stipulation.**

Ms. Rebecca McNeil, probation interview

Ms. McNeil met with the Board for her probation interview. Dr. Sheppard conducted the interview. Ms. McNeil stated she is doing well. She is working at Metamorphosis where she does case management, intake, and assessments. The Board advised Ms. McNeil that she failed to contact the drug screen line on several occasions and this makes her not in compliance with her stipulation. Ms. McNeil stated that she has been in recovery for five years and continues to attend support group meetings. The Board will look at moving Ms. McNeil's supervisor reports to quarterly once she is in compliance with her stipulation. The Board asked to see Ms. McNeil on January 26, 2010. **Ms. McNeil is not in compliance with her stipulation.**

Ms. Janice AuBuchon, probation interview

Ms. AuBuchon met with the Board for her probation interview. Ms. AuBuchon's interview was held telephonically. Ms. Foster conducted the interview. Ms. AuBuchon stated she is doing well. She works at Diamond Ranch and has approximately 125 clients. She attends four support meetings a month and teaches a life skills course. The Board reminded Ms. AuBuchon that she needs to complete six hours of continuing education, subject related to ethics and law. These courses must be pre-approved by the Board. The Board also noted that these continuing education hours are separate from the continuing education hours required to renew her license. The Board advised Ms. AuBuchon she needs rewrite her ethics essay. Her essay is missing a personal application of what was discussed in the course. The Board advised Ms. AuBuchon that she has missed calling the drug line and she needs to call daily. Ms. AuBuchon is in

process of completing a bachelors degree inhuman services from the University of Phoenix. The Board asked to see Ms. AuBuchon on January 26, 2011. **Ms. AuBuchon is not in compliance with stipulation.**

Paula Bruce, new probation interview

Ms. Bruce met with the Board for her probation interview. Ms. Foster conducted the interview. Ms. Bruce stated that she was recently accepted into the MSW program at USC. The Board noted that she is doing well with her drug screens. She is consistently calling the number and her screens have been negative. The Board asked to see Ms. Bruce on January 26, 2011. **Ms. Bruce is in compliance with her stipulation.**

Ms. Rochelle Beutler, new probation interview

Ms. Beutler met with the Board for her probation interview. Dr. Sheppard reviewed the role of the Board. Mr. Prazza conducted the interview. Ms. Beutler reviewed the circumstances that placed her professional license on probation with the Board. Ms. Beutler stated that she attends support meetings and talks with her sponsor daily. The Board reviewed an ethics course Ms. Beutler already completed. Mr. Prazza motioned to approve the 7 hours of continuing education, seconded by Ms. Foster. The motion carried unanimously. The Board asked to see Ms. Beutler on January 26, 2010. **Ms. Beutler is in compliance with her probation.**

1. Online therapy legislation, Gary Leavitt

Mr. Gary Leavitt met with the Board. Mr. Leavitt advised the Board that they are currently working with a legislator who is sponsoring a bill that would clarify the use of online therapy in Utah. The bill would clarify jurisdiction when Utah mental health therapists physically located in Utah provide online counseling to clients physically located outside of Utah. When therapy takes place between a Utah mental health therapist and a non-Utah resident, the therapy will be considered to have taken place in Utah and regulated by Utah's laws, rules, and regulations. Mr. Leavitt is currently establishing an Online Counseling Association as a resource for Utah therapists practicing online therapy. The Board emphasized the importance of Utah therapists practicing online therapy being aware of statutes in the jurisdictions where their patients are physically located. The Board

encouraged Mr. Leavitt to discuss the potential language of the bill with associations representing professionals in related mental health fields such as professional counseling, social work, substance abuse counseling, and psychology. Mr. Leavitt stated that feedback from all related mental health fields and any areas of concern would be worked out in the final version of the bill. Information will be posted online at www.onlinecounselingassociation.org.

2. Scope of practice and career path for substance abuse counselor, Jeremy Boberg

Taken out of order on the agenda

Mr. Boberg stated that AUSAP developed a licensing committee to address the scope of practice and career path for a substance abuse counselor. They are looking to develop a five tier licensure from high school/GED to Ph.D. The proposal allows a person to develop and advance in the profession. Mr. Boberg stated that all testing bodies currently test on the five level tier. Mr. Boberg stated this is still in the research and development phase.

4. DOPL compliant statistics

Taken out of order on the agenda

Mr. Oborn reviewed DOPL investigation statistics with the Board.

3. Argosy University's proposal for substances abuse

Teresa Burton and Darin Eckton from Argosy University met with the Board. The Board was given a packet with the proposed course descriptions that Argosy University would like to use in their substance abuse program. The Board requested additional time to review the information. Mr. Oborn stated that the Board noted it would reply in approximately a week.

5. Proposal to amend the Substance Abuse Counselor Licensing Act Rule to clarify the terms of substance abuse counselor licenses

The Board reviewed the proposed changes to the Substance Abuse Counselor Licensing Act Rule. The Board discussed changing R156-60d-303 to read that a counselor with high school diploma or bachelors degree, not in social or behavioral science, shall be issued a license for four years. Ms. Boberg motioned to accept the proposal with the above suggested change, seconded by Ms. Hare. The motion carried unanimously.

CORRESPONDENCE:

None at this time

Next Board Meeting:

January 26, 2011

2011 Board Meetings have been tentatively scheduled:

January 26, April 27, July 27, October 27

ADJOURN:

The meeting adjourned at 4:03 P.M.

Note: These minutes are not intended to be a verbatim transcript but are intended to record the significant features of the business conducted in this meeting. Discussed items are not necessarily shown in the chronological order they occurred.

January 26, 2011

Date Approved

(ss) Shawn McMillen

Chairperson, Utah Substance Abuse Counselors
Licensing Board

January 26, 2011

Date Approved

(ss) Richard J. Oborn

Bureau Manager, Division of Occupational &
Professional Licensing