A Guide to Help Utah Opioid Prescribers Utilize Prescribing Guidelines and Community Resources

Division of Occupational and Professional Licensing (DOPL)
For more information, contact:

**Marie Frankos, MPH, BSRDH**  
Academic Detailing Specialist  
mariefrankos@utah.gov  
Direct: 801.530.6257  
Cell: 801.664.7027

**Parveen Ghani, MBBS, MPH, MS**  
Academic Detailing Specialist  
parveenghani@utah.gov  
Direct: 801.530.6474  
Cell: 801.707.2255

Utah Department of Commerce  
Division of Occupational and Professional Licensing  
PO Box 146741  
Salt Lake City, Utah 84114-6741  
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ACADEMIC DETAILING FOR OPIOID PRESCRIBERS

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Overview

Academic detailing is interactive educational outreach to medical providers to provide evidence-based information about medications and other therapeutic decisions, with the goal of improving patient care and optimizing clinical decision-making.

(Source: NARCAD.org)

In 2014, 32% of Utah adults aged 18 years and older had been prescribed an opioid pain medication in the previous 12 months. Eight Utah adults die each week from an opioid overdose, of which, four deaths are due specifically to prescription opioids. And 80% of heroin users started with prescription opioids. We all need to continue to work together to find solutions to safely address pain management and prevent prescription opioid overdoses.

(Source: Utah Department of Health, Violence and Injury Prevention Program)

Purpose

The goal is to provide recommendations to prescribers regarding best practices in the prescribing of opioids. The recommendations are in accordance with:

- the Centers for Disease Control and Prevention (CDC) Guideline for Prescribing Opioids for Chronic Pain, published by the CDC;
- the Utah Clinical Guidelines on Prescribing Opioids for Treatment of Pain, published by the Utah Department of Health with support from the Utah Medical Association

Law

House Bill 127 from the 2018 General Legislative Session amends portions of the Controlled Substance Database Act. 58-37f-304. Database utilization. As used in this section.

- 2. (a) A prescriber shall check the database for information about a patient before the first time the prescriber gives a prescription to a patient for a Schedule II opioid or a Schedule III opioid.
- 2. (b) If a prescriber is repeatedly prescribing a Schedule II opioid or Schedule III opioid to a patient, the prescriber shall periodically review information about the patient in: (i) the database; or (ii) other similar records of controlled substances the patient has filled.

(Source: https://le.utah.gov/~2018/bills/static/HB0127.html)
ACADEMIC DETAILING FOR OPIOID PRESCRIBERS

EDUCATION MATERIAL

Utah Controlled Substance Database Act

Originally enacted in 1995, this law has been updated to reflect the Controlled Substance Database (CSD) utilization expectations and prescriber education.

Source: https://le.utah.gov/xcode/Title58/Chapter37F/58-37f.html

House Bill 127 (Utah) Controlled Substance Database (CSD) Act Amendments 2018 General Session

This bill amended portions of the Controlled Substance Database Act. This included changing the requirements for checking the Controlled Substance Database and granting the Division of Occupational and Professional Licensing the authority to provide education or training to certain prescribers.

House Bill 186 (Utah)
Opioid Prescription Regulation Amendments 2019 General Session

This bill amended the Controlled Substance Database Act. This includes permitting the Division of Occupational and Professional Licensing to consult with prescribers and health care systems on best practices with respect to prescribing a controlled substance and amending provisions relating to steps that the division must take after it receives a report from a medical examiner relating to an overdose involving a controlled substance.


House Bill 191 (Utah)
Controlled Substance Abuse Amendments 2019 General Session

This bill amended the Utah Controlled Substances Act. This bill requires a prescriber to discuss the risks of using an opiate with a patient or the patient's guardian before issuing an initial opiate prescription.

Utah Clinical Guidelines on Prescribing Opioids for Treatment of Pain

Based on the Centers for Disease Control and Prevention's (CDC) Guideline for Prescribing Opioids for Chronic Pain, these guidelines provide recommendations to Utah prescribers of opioids for both chronic and acute conditions. The CDC Guideline focuses on chronic conditions alone.


CDC Guidelines for Prescribing Opioids for Chronic Pain

Provides recommendations for the prescribing of opioid pain medication for chronic pain in patients 18 years of age and older in primary care settings.

Source:
https://www.cdc.gov/drugoverdose/prescribing/guideline.html
PDF Quick Reference:
Model Policy on the Use of Opioid Analgesics in the Treatment of Chronic Pain

This model policy, in compliance with the state and federal law, provides policies to prescribers on prescribing opioids. It may be used to take action against prescribers.

Source:

Utah's Controlled Substance Database Website Login Page

Authorized individuals and/or their authorized Designee(s), can access patient information before prescribing, or considering prescribing, a controlled substance prescription.

Questions? Call: 801.530.6220

Source:
https://csd.utah.gov
EDUCATION MATERIAL

Utah Department of Commerce Division of Occupational and Professional Licensing Website

The Division of Occupational and Professional Licensing (DOPL), is one of the seven divisions within the Utah Department of Commerce. DOPL is legislatively charged to administer and enforce specific laws related to the licensing and regulation of certain occupations and professions.

Source:
https://dopl.utah.gov

Talk to Your Pharmacist Toolkit

Can be used by both dispensers and prescribers to start a conversation with patients who have been or will be prescribed an opioid.

Source:
Living Well with Chronic Pain

Various no-cost, evidence-based, self-management programs aim to increase self-management skills and improve quality of life for all Utahns with many chronic conditions, including chronic pain.

Check to see if a program is in your area.

Source:

Opidemic.org Provider Page

Published by the Utah Department of Health, Violence and Injury Prevention Program, this page provides information and resources to opioid prescribers in Utah.

Source:
https://www.opidemic.org/providers
Opioid Overdose Resources

Published by the Utah Department of Health, Violence and Injury Prevention Program, this page provides overdose death prevention information and resources to opioid prescribers in Utah.

Source:
https://www.opidemic.org/overdose/

Opioid Informational/Educational Material Order Form

Published by the Utah Department of Health, Violence and Injury Prevention Program. Use this order form to obtain any of the printed material(s). (Scroll to bottom of web page for brochure selection and order information).

Source:
https://www.opidemic.org/providers/
Screening for Addiction

Screening, Brief Intervention and Referral to Treatment (SBIRT) Training

Screening, Brief Intervention, and Referral to Treatment (SBIRT) is a comprehensive public health approach for delivering early intervention and treatment services to people with, or at risk of developing, substance use disorders.

Course Info Source: https://substanceei.com/product/sbirt
SBIRT Main Source: https://substanceei.com/states/utah/

Treatment and Referral Resources for Addiction

Utah Department of Human Services Treatment Resources Website

Created by the Utah Department of Human Services, this website allows providers to search for public and private addiction treatment programs in Utah for their patients.

Source: https://dsamh.utah.gov/substance-use-disorder
<table>
<thead>
<tr>
<th>Location by County</th>
<th>Center Name and Location(s)</th>
<th>Phone</th>
<th>Hours of Operation</th>
<th>Medication Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carbon</td>
<td>Project Reality, Inc. Price, Utah</td>
<td>77 South 600 East Suite C Price, Utah 84501</td>
<td>435.613.7289</td>
<td>Mon - Fri 6:30am - 2:30pm</td>
</tr>
<tr>
<td>Cache</td>
<td>TBD</td>
<td>TBD</td>
<td>TBD</td>
<td>TBD</td>
</tr>
<tr>
<td>Davis</td>
<td>New Season Bountiful Treatment Center</td>
<td>763 West 700 South Suite B Woods Cross, UT 84087</td>
<td>877.284.7074</td>
<td>Mon - Fri: 5:00am - 1:30pm Sat: 7:00am - 9:00am Sun: Closed Holidays: 6:00am - 8:00am except Sunday</td>
</tr>
<tr>
<td>Salt Lake</td>
<td>De Novo Services</td>
<td>339 E 3900 S #155 SLC, UT 84107</td>
<td>801.263.1056</td>
<td>Mon - Fri: 5:00am - 1:00pm Mon - Thu: 5:00pm - 8:00pm Sun: Closed</td>
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<td></td>
<td>Discovery House</td>
<td>5983 S Redwood Road Taylorsville, UT 84123</td>
<td>801.293.9999</td>
<td>Mon - Fri: 5:30am - 11:00am Sat: 6:00am - 8:00am Sun: Closed</td>
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<td></td>
<td>BAART Programs Salt Lake City</td>
<td>164 East 5900 South #101 Salt Lake City, UT 84107</td>
<td>801.364.8080</td>
<td>Mon - Fri: 6:00am - 9:30am Sat - Sun: 7:00am - 8:30am Holidays: 7:00am - 8:30am</td>
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<td></td>
<td>Project Reality, Inc. - Salt Lake</td>
<td>150 E 700 S Salt Lake City, Utah 84111</td>
<td>801.829.9564</td>
<td>Mon - Fri: 5:30am - 2:00pm Sat: 7:30am - 10:00am Sun: Closed</td>
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<tr>
<td></td>
<td>Tranquility Place</td>
<td>160 E 800 S # B Salt Lake City, UT 84111</td>
<td>801.924.9240</td>
<td>Mon - Fri: 6:00am - 2:00pm Sat - Sun: 7:00am - 8:30am Holidays: 7:00am - 8:30am</td>
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<td></td>
<td>Ardu Recovery Center</td>
<td>1053 W 1020 S Provo, UT 84601</td>
<td>801.823.6832</td>
<td>Please call or Visit Website</td>
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<tr>
<td></td>
<td>Discovery House</td>
<td>714 South State St. Orem, UT 84058</td>
<td>855.780.1387</td>
<td>Monday - Friday: 5:30am - 2:00pm Saturday: 7:00am - 9:00am Sun: Closed</td>
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<td>Project Reality, Inc. Provo</td>
<td>151 S University Ave Ste1400 Provo, UT 84606</td>
<td>801.851.7118</td>
<td>Mon - Fri: 6:00am - 2:00pm</td>
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<tr>
<td></td>
<td>True North Recovery &amp; Wellness Center</td>
<td>234 N Orem Blvd Orem, UT 84057</td>
<td>801.691.0672</td>
<td>Mon: 5:30am - 1:00pm Tues &amp; Wed: 5:30am - 6:00pm Thurs: 5:30am - 11:00am Fri: Clinical staff not in office Sat: Clinical staff not in office</td>
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<tr>
<td></td>
<td>New Season Saint George Metro Treatment Center</td>
<td>620 S 400 E Suite 404 St. George UT 84770</td>
<td>435.656.8918</td>
<td>Mon - Fri: 5:00am - 1:30pm Sat: 7:00am - 10:00am Sun: Closed Holidays: 6:00am - 8:00am except Sunday</td>
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<tr>
<td></td>
<td>BAART Programs Ogden</td>
<td>2557 Lincoln Avenue Ogden, UT 84401</td>
<td>801.622.5272</td>
<td>Mon - Fri: 5:00am - 1:00pm Sat: 6:30 am - 8:30am Sun: Closed</td>
</tr>
</tbody>
</table>

*Providers listed are licensed by the state of Utah and the Drug Enforcement Administration (DEA). They are also accredited through the Counsel on Accreditation.
Source: Utah Department of Human Services
nationwide opioid treatment providers

samhsa national treatment helpline information

samhsa’s national helpline is a free, confidential, 24/7, 365-days-a-year treatment referral and information service (in english and spanish) for individuals and families facing mental and/or substance use disorders. this helpline encompasses many states.

source: https://www.samhsa.gov/find-help/national-helpline

find treatment in utah

the substance abuse and mental health services administration (samhsa) collects information on thousands of state-licensed providers who specialize in treating substance use disorders, addiction, and mental illness.

source: https://findtreatment.gov
Unused Medication Disposal

This link provides resources and locations for the safe collecting and disposing of unused and/or expired prescription medication(s)

Source: https://useonlyasdirected.org/throw-out/

United Way Utah 2-1-1

2-1-1 is an easy-to-remember, three-digit number that can connect people to health and human services or resources they need, such as housing and utility assistance, food resources, legal aid, and more.

Source: https://211utah.org

Addiction & Recovery Support Advocacy (USARA)

USARA’s mission is to celebrate, advocate, support, and empower people in all stages of addiction recovery through connecting to resources, building community, and raising awareness that long term recovery is possible. Source: http://www.myusara.com
<table>
<thead>
<tr>
<th>COURSE TITLE &amp; HYPERLINK</th>
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<th>ACCREDITATION</th>
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<td>UMA</td>
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</table>
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