ACADEMIC DETAILING FOR OPIOID PRESCRIBERS TOOLKIT

A Guide to Help Utah Opioid Prescribers Utilize Prescribing Guidelines and Community Resources

UTAH DEPARTMENT OF COMMERCE
Division of Professional Licensing
For more information, contact:

Marie Frankos, MPH, BSRDH
Academic Detailing Specialist
mariefrankos@utah.gov
Direct: 801.530.6257
Cell: 801.664.7027

Parveen Ghani, MBBS, MPH, MS
Academic Detailing Specialist
parveenghani@utah.gov
Direct: 801.530.6474
Cell: 801.707.2255

Utah Department of Commerce
Division of Professional Licensing
PO Box 146741
Salt Lake City, Utah 84114-6741
Version 7
Published July 2022
# ACADEMIC DETAILING FOR OPIOID PRESCRIBERS

# Table of Contents

- **Overview** .......................................................................................................................... 1
- **Purpose** ............................................................................................................................... 1
- **Law** ....................................................................................................................................... 1

## Educational Material

- Utah's Controlled Substance Database (CSD) Act Amendments ........................................... 2
- House Bill 127 (Utah) ................................................................................................................ 2
- House Bill 186 & 191 (Utah) .................................................................................................... 3
- Utah Clinical Guidelines on Prescribing Opioids for the Treatment of Pain ............................. 4
- CDC Guideline for Prescribing Opioids for Chronic Pain ....................................................... 4
- Model Policy on the Use of Opioid Analgesics in the Treatment of Chronic Pain by the Federation of State Medical Boards (FSMB) ................................................................. 5
- Utah Controlled Substance Database (CSD) Registration/Login Information ..................... 5
- Utah Department of Commerce, Division of Professional Licensing (DOPL) Website .......... 6
- Talk to Your Pharmacist Toolkit ............................................................................................. 6
- Living Well with Chronic Pain ................................................................................................. 7
- Opioid.org Provider Page ......................................................................................................... 7
- Opioid Overdose Resources .................................................................................................. 8
- Opioid Informational/Educational Materials Order Form ....................................................... 8

## Screening for Addiction

- Screening, Brief Intervention, and Referral to Treatment (SBIRT) Training ............................ 9

## Treatment and Referral Resources for Addiction

- Utah Department of Human Services Treatment Resources Website ..................................... 9
- Utah Opioid Treatment Providers ........................................................................................... 10

## Nationwide Opioid Treatment Providers

- SAMHSA National Treatment Helpline Information .............................................................. 11
- FindTreatment.gov .................................................................................................................. 11

## Utah Drug Take Back Information ......................................................................................... 12

## Utah State Opioid Response Treatment Resources

- USARA.gov ............................................................................................................................... 12
- United Way Utah 2-1-1 ............................................................................................................ 12

## Approved Continuing Education Sources for Prescribers ..................................................... 13
Overview

Academic detailing is interactive educational outreach to medical providers to provide evidence-based information about medications and other therapeutic decisions, with the goal of improving patient care and optimizing clinical decision-making.

(Source: NARCAD.org)

In 2014, 32% of Utah adults aged 18 years and older had been prescribed an opioid pain medication in the previous 12 months. Eight Utah adults die each week from an opioid overdose, of which, four deaths are due specifically to prescription opioids. And 80% of heroin users started with prescription opioids. We all need to continue to work together to find solutions to safely address pain management and prevent prescription opioid overdoses.

(Source: Utah Department of Health, Violence and Injury Prevention Program)

Purpose

The goal is to provide recommendations to prescribers regarding best practices in the prescribing of opioids. The recommendations are in accordance with:

- the *Centers for Disease Control and Prevention (CDC) Guideline for Prescribing Opioids for Chronic Pain*, published by the CDC;
- the *Utah Clinical Guidelines on Prescribing Opioids for Treatment of Pain*, published by the Utah Department of Health with support from the Utah Medical Association

Law

House Bill 127 from the 2018 General Legislative Session amends portions of the Controlled Substance Database Act. 58-37f-304. Database utilization. As used in this section.

- 2. (a) A prescriber shall check the database for information about a patient before the first time the prescriber gives a prescription to a patient for a Schedule II opioid or a Schedule III opioid.
- 2. (b) If a prescriber is repeatedly prescribing a Schedule II opioid or Schedule III opioid to a patient, the prescriber shall periodically review information about the patient in: (i) the database; or (ii) other similar records of controlled substances the patient has filled.

(Source: https://le.utah.gov/~2018/bills/static/HB0127.html)
**Utah Controlled Substance Database Act**

Originally enacted in 1995, this law has been updated to reflect the Controlled Substance Database (CSD) utilization expectations and prescriber education.

Source: [https://le.utah.gov/xcode/Title58/Chapter37F/58-37f.html](https://le.utah.gov/xcode/Title58/Chapter37F/58-37f.html)

---

**House Bill 127 (Utah) Controlled Substance Database (CSD) Act Amendments 2018 General Session**

This bill amended portions of the Controlled Substance Database Act. This included changing the requirements for checking the Controlled Substance Database and granting the Division of Professional Licensing the authority to provide education or training to certain prescribers.

House Bill 186 (Utah)
Opioid Prescription Regulation Amendments
2019 General Session

This bill amended the Controlled Substance Database Act. This includes permitting the Division of Professional Licensing to consult with prescribers and health care systems on best practices with respect to prescribing a controlled substance and amending provisions relating to steps that the division must take after it receives a report from a medical examiner relating to an overdose involving a controlled substance.

Source:

House Bill 191 (Utah)
Controlled Substance Abuse Amendments
2019 General Session

This bill amended the Utah Controlled Substances Act. This bill requires a prescriber to discuss the risks of using an opiate with a patient or the patient's guardian before issuing an initial opiate prescription.

Source:
Utah Clinical Guidelines on Prescribing Opioids for Treatment of Pain

Based on the Centers for Disease Control and Prevention's (CDC) Guideline for Prescribing Opioids for Chronic Pain, these guidelines provide recommendations to Utah prescribers of opioids for both chronic and acute conditions. The CDC Guideline focuses on chronic conditions alone.


CDC Guidelines for Prescribing Opioids for Chronic Pain

Provides recommendations for the prescribing of opioid pain medication for chronic pain in patients 18 years of age and older in primary care settings.

Source:
https://www.cdc.gov/drugoverdose/prescribing/guideline.html
PDF Quick Reference:
Model Policy on the Use of Opioid Analgesics in the Treatment of Chronic Pain

This model policy, in compliance with the state and federal law, provides policies to prescribers on prescribing opioids. It may be used to take action against prescribers.

Source: https://www.utahmed.org/docs/CS_Resources/2013%20FSMB%20Model%20Policy%20on%20Use%20of%20Opioids.pdf

Utah's Controlled Substance Database Website Login Page

Authorized individuals and/or their authorized Designee(s), can access patient information before prescribing, or considering prescribing, a controlled substance prescription.

Questions? Call: 801.530.6220

Source: https://csd.utah.gov
EDUCATION MATERIAL

Utah Department of Commerce
Division of Professional Licensing
Website

The Division of Professional Licensing (DOPL), is one of the seven divisions within the Utah Department of Commerce. DOPL is legislatively charged to administer and enforce specific laws related to the licensing and regulation of certain occupations and professions.

Source:
https://dopl.utah.gov

Talk to Your Pharmacist Toolkit

Can be used by both dispensers and prescribers to start a conversation with patients who have been or will be prescribed an opioid.

Source:
Living Well with Chronic Pain

Various no-cost, evidence-based, self-management programs aim to increase self-management skills and improve quality of life for all Utahns with many chronic conditions, including chronic pain.

Check to see if a program is in your area.

Source: https://livingwell.utah.gov/program.php?topic=pain

Opidemic.org Provider Page

Published by the Utah Department of Health, Violence and Injury Prevention Program, this page provides information and resources to opioid prescribers in Utah.

Source: https://www.opidemic.org/providers
Opioid Overdose Resources

Published by the Utah Department of Health, Violence and Injury Prevention Program, this page provides overdose death prevention information and resources to opioid prescribers in Utah.

Source:
https://www.opidemic.org/overdose/

Opioid Informational/Educational Material Order Form

Published by the Utah Department of Health, Violence and Injury Prevention Program. Use this order form to obtain any of the printed material(s). (Scroll to bottom of web page for brochure selection and order information).

Source:
https://www.opidemic.org/providers/
Screening, Brief Intervention and Referral to Treatment (SBIRT) Training

Screening, Brief Intervention, and Referral to Treatment (SBIRT) is a comprehensive public health approach for delivering early intervention and treatment services to people with, or at risk of developing, substance use disorders.

Course Info Source: https://substanceei.com/product/sbirt
SBIRT Main Source: https://substanceei.com/states/utah/

Treatment and Referral Resources for Addiction

Utah Department of Human Services Treatment Resources Website

Created by the Utah Department of Human Services, this website allows providers to search for public and private addiction treatment programs in Utah for their patients.

Source: https://dsamh.utah.gov/substance-use-disorder
<table>
<thead>
<tr>
<th>Location by County</th>
<th>Center Name and Location(s)</th>
<th>Phone</th>
<th>Hours of Operation</th>
<th>Medication Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>Carbon</td>
<td>Project Reality, Inc. Price, Utah 77 South 600 East Suite C Price, Utah 84501</td>
<td>435.613.7289</td>
<td>Mon - Fri 6:30am - 2:30pm</td>
<td>Mon - Fri 6:30am - 8:00am</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Sat - Sun 7am - 8:30am</td>
<td>Holidays 7am - 8:30am</td>
</tr>
<tr>
<td>Cache</td>
<td>TBD</td>
<td>TBD</td>
<td>TBD</td>
<td>TBD</td>
</tr>
<tr>
<td>Davis</td>
<td>New Season Bountiful Treatment Center 763 West 700 South Suite B Woods Cross, UT 84087</td>
<td>877.284.7074</td>
<td>Mon - Fri: 5:00am - 1:30pm Sat: 7:00am - 9:00am Sun: Closed Holidays: 6:00am - 8:00am except Sunday</td>
<td>Mon - Fri: 5:00am - 11:00am Sat: 7:00am - 9:00am Sun: Closed Holidays: 6:00am - 8:00am except Sunday</td>
</tr>
<tr>
<td></td>
<td>Discovery House 523 W Heritage Park Blvd Layton, UT 84041</td>
<td>801.525.9998</td>
<td>Mon - Fri: 5:30am - 2:00pm Sunday: Closed</td>
<td>Mon - Fri: 5:30am - 10:00am Sat: 7:00am - 9:00am Sun: Closed</td>
</tr>
<tr>
<td>Salt Lake</td>
<td>De Novo Services 339 E 3900 S #155 SLC, UT 84107</td>
<td>801.263.1056</td>
<td>Mon - Fri: 5:00am - 1:00pm Mon - Thu: 5:00pm - 8:00pm</td>
<td>Mon - Fri: 5:00am - 11:00am Sat: 6:00am - 8:00am Sundays and Holidays By appointment</td>
</tr>
<tr>
<td></td>
<td>Discovery House 5983 S Redwood Road Taylorsville, UT 84123</td>
<td>801.293.9999</td>
<td>Saturdays: 6:00am - 8:00am Sundays and Holidays By appointment</td>
<td>Monday - Friday: 5:30am - 11:00am Saturday: 7:30am - 10:00am Sunday: Closed</td>
</tr>
<tr>
<td></td>
<td>Discovery House 449 E 2100 S Salt Lake City, UT 84115</td>
<td>801.829.9564</td>
<td>Mon - Fri: 5:30am - 2:00pm Sat: 7:30am - 10:00am Sun: Closed</td>
<td>Monday - Friday: 5:30am - 11:00am Saturday: 7:30am - 10:00am Sunday: Closed</td>
</tr>
<tr>
<td></td>
<td>BAART Programs Salt Lake City 164 East 5900 South #101 Salt Lake City, UT 84107</td>
<td>801.261.5970</td>
<td>Mon - Fri: 5:00am - 1:00pm Sat: 6:00am - 8:00am Sundays: Closed</td>
<td>Mon - Fri: 5:00am - 11:00am Sat: 6:00am - 8:00am Sunday: Closed</td>
</tr>
<tr>
<td></td>
<td>Project Reality, Inc - Salt Lake 150 E 700 S Salt Lake City, Utah 84111</td>
<td>801.364.8080</td>
<td>Mon - Fri: 6:00am - 3:00pm</td>
<td>Mon - Fri: 6:00am - 9:30am Sat - Sun: 7:00am - 8:30am Holidays: 7:00am - 8:30am</td>
</tr>
<tr>
<td></td>
<td>Project Reality, Inc - Murray 5280 South Commerce Drive Suite D110 Murray, Utah 84107</td>
<td>385.881.0170</td>
<td>Mon - Fri: 6:00am - 2:00pm</td>
<td>Mon - Fri: 6:00am - 9:30am Sat - Sun: 7:00am - 8:30am Holidays: 7:00am - 8:30am</td>
</tr>
<tr>
<td></td>
<td>Tranquility Place 160 E 800 S # B Salt Lake City, UT 84111</td>
<td>801.924.9240</td>
<td>Mon-Fri: 6:00am - 9:30am (until noon by appointment) Sat-Sun-Holidays: 7:00am - 8:30am</td>
<td>Mon: 5:30am - 11:00am Tue: 5:00am - 11:00am Wed: 5:30am - 11:00am Thu: 5:30am - 11:00am Fri: 5:30am - 11:00am Sat: 7:00am - 9:00am Sun: 7:00am - 9:00am Holidays: 7:00am - 9:00am</td>
</tr>
<tr>
<td></td>
<td>Ardu Recovery Center 1053 W 1020 S Provo, UT 84601</td>
<td>801.823.6832</td>
<td>Please call or Visit Website</td>
<td>TBD</td>
</tr>
<tr>
<td></td>
<td>Discovery House 714 South State St. Orem, UT 84058</td>
<td>855.780.1387</td>
<td>Monday - Friday: 5:30am - 2:00pm Saturday: 7:00am - 9:00am Sunday: Closed</td>
<td>Mon - Fri: 5:30am - 11:00am Sat: 7:00am - 9:00am Sunday: Closed</td>
</tr>
<tr>
<td></td>
<td>Project Reality, Inc. Provo 151 S University Ave Ste1400 Provo, UT 84606</td>
<td>801.851.7118</td>
<td>Mon - Fri: 6:00am - 2:00pm</td>
<td>Mon - Fri: 5:50 AM - 8:30 AM Sat: 7:00 AM - 8:30 AM Holidays: 7 AM - 8:30 AM</td>
</tr>
<tr>
<td></td>
<td>True North Recovery &amp; Wellness Center 234 N Orem Blvd Orem, UT 84057</td>
<td>801.691.0672</td>
<td>Mon: 5:30am - 1:00pm Tues &amp; Wed: 5:30am - 6:00 pm Thurs: 5:30am - 11:00am Fri: Clinical staff not in office Sat: Clinical staff not in office</td>
<td>Mon - Fri: 5:30am - 11:00am Sat: 7:00am - 9:00 AM Holidays: 7 AM - 8:30 AM</td>
</tr>
<tr>
<td></td>
<td>New Season Saint George Metro Treatment Center 620 S 400 E Suite 404 St. George UT 84770</td>
<td>435.656.8918</td>
<td>Mon - Fri: 5:00am - 1:30pm Sat: 7:00am - 10:00am Sun: Closed Holidays: 6:00am - 8:00am except Sunday</td>
<td>Mon - Fri: 5:00am - 10:30am Sat: 7:00am - 10:00am Sun: Closed Holidays: 6:00am - 8:00am, except Sunday</td>
</tr>
<tr>
<td></td>
<td>BAART Programs Ogden 2557 Lincoln Avenue Ogden, UT 84401</td>
<td>801.622.5272</td>
<td>Mon - Fri: 5:00am - 1:00pm Sat: 6:30 am - 8:30am Sunday: Closed</td>
<td>Mon - Fri: 5:30am - 12:00pm Sat: 6:30am - 8:30am Sunday: Closed</td>
</tr>
</tbody>
</table>

*Providers listed are licensed by the state of Utah and the Drug Enforcement Administration (DEA). They are also accredited through the Counsel on Accreditation. Source: Utah Department of Human Services*
Nationwide Opioid Treatment Providers

SAMHSA National Treatment Helpline Information

SAMHSA’s National Helpline is a free, confidential, 24/7, 365-days-a-year treatment referral and information service (in English and Spanish) for individuals and families facing mental and/or substance use disorders. This helpline encompasses many states.

Source: https://www.samhsa.gov/find-help/national-helpline

Find Treatment in Utah

The Substance Abuse and Mental Health Services Administration (SAMHSA) collects information on thousands of state-licensed providers who specialize in treating substance use disorders, addiction, and mental illness.

Source: https://findtreatment.gov
Unused Medication Disposal

This link provides resources and locations for the safe collecting and disposing of unused and/or expired prescription medication(s)

Source: https://useonlyasdirected.org/throw-out/

United Way Utah 2-1-1

2-1-1 is an easy-to-remember, three-digit number that can connect people to health and human services or resources they need, such as housing and utility assistance, food resources, legal aid, and more.

Source: https://211utah.org

Addiction & Recovery Support Advocacy (USARA)

USARA’s mission is to celebrate, advocate, support, and empower people in all stages of addiction recovery through connecting to resources, building community, and raising awareness that long term recovery is possible. Source: http://www.myusara.com
<table>
<thead>
<tr>
<th>COURSE TITLE &amp; HYPERLINK</th>
<th>PROVIDER</th>
<th>ACCREDITATION</th>
<th>TYPE</th>
<th>CONTACT</th>
</tr>
</thead>
<tbody>
<tr>
<td>CS Education for Prescriber</td>
<td>UMA</td>
<td>ACCME Category 1</td>
<td>Online</td>
<td><a href="mailto:marcelle@utahmed.org">marcelle@utahmed.org</a></td>
</tr>
<tr>
<td>2021-2022 Opioid Education for Utah Licensed Practitioners</td>
<td>U of U</td>
<td>ACCME Category 1</td>
<td>Online</td>
<td><a href="mailto:marci.fjelstad@hsc.utah.edu">marci.fjelstad@hsc.utah.edu</a></td>
</tr>
<tr>
<td>Utah Physician Update</td>
<td>InforMed</td>
<td>ACCME Category 1</td>
<td>Online</td>
<td><a href="mailto:joe@cme.edu">joe@cme.edu</a></td>
</tr>
<tr>
<td>Substance Abuse Course for Dentists</td>
<td>Advanced Dental CE</td>
<td>N/A</td>
<td>Live</td>
<td><a href="mailto:advanceddentalcourses@gmail.com">advanceddentalcourses@gmail.com</a></td>
</tr>
<tr>
<td>Opioid Abuse Course for Dentists</td>
<td>UDA</td>
<td>2hr CE for Dentists</td>
<td>Online</td>
<td>1-844-448-3900</td>
</tr>
<tr>
<td>Screening, Brief Intervention and Referral to Treatment</td>
<td>University of Utah</td>
<td>ACCME Category 1</td>
<td>Live</td>
<td></td>
</tr>
</tbody>
</table>

13
ACADEMIC DETAILING FOR OPIOID PRESCRIBERS TOOLKIT

A Guide to Help Utah Opioid Prescribers Utilize Prescribing Guidelines and Community Resources

Division of Professional Licensing