

The Division of Occupational and Professional Licensing (DOPL) and the Utah Board of Nursing promote a common goal of empowering Utah citizens to provide their loved ones a coordinated, safe, and timely healthcare delivery process in the least restrictive care environment possible.

Accordingly, per Utah Code Section 58-1-307.1 and Utah Admin. Code Subsection R156-31b-701a (1), an unlicensed individual may perform the following health care services without delegation by a health care provider:

1. Administer over-the-counter medications according to the manufacturer/FDA directions.
2. Administer prescription ointments per licensed health care provider order/script.
3. Administer non-controlled medications per licensed health care provider order/script with the exception of insulin which requires delegation.
4. Administer medication through tubes per licensed health care provider order/script.
5. Administering eye/ear drops: prescribed or over-the-counter.
6. Administer Glucometer Test.
7. Administer gastrostomy tube feeding: changing empty bags and clipping/unclipping the feeding line to the port (but not replacing a port). Feeding and irrigation only through a permanently placed feeding tube inserted in a surgically created orifice or stoma. This precludes feeding through any oral and/or nasal inserted gastric tube.
8. Tasks related to external stoma care, including but not limited to pouch changes, measuring intake and output, and skin care surrounding the stoma area.
9. Change catheter bag.
10. Assist with administration of breathing treatments (e.g. nebulizer).
11. Administer oxygen therapy in accordance with physician orders and within prescribed parameters.
12. Oxygen management: assisting with application of cannula and adjusting flow of O2 within prescribed parameters, and the temporary removal of O2 tubing to facilitate ADL's (such as bathing, dressing, etc.).
13. Measure and record electronic vital signs (such as pulse oximeter or blood pressure) and take weights and temperatures.
14. Perform routine ventilator respiratory care, but may not adjust settings. Clean established trach tubes and routine surface suctioning, but may not provide deep suctioning.
15. Foot care: skin checks to report concerns to supervisor, application of prescribed or over-the-counter ointments within parameters.
16. Nail care: clipping and filing toe and finger nails (for non-diabetic individuals).
17. Wound Dressing Changes: changing non-medicated dry wound dressings of superficial wounds and care of Stage 1 pressure ulcers.

**Note:**

The Division will not dictate to health care facilities or employers providing health care whether and how an unlicensed individual -- including any employee or volunteer family caregiver -- may or may not perform a listed task on behalf of the health care facility, personal care provider or employer.

An unlicensed individual who performs a task in accordance with this list will not be subject to sanctions by the Division as described under Utah Code Title 58 (Nurse Practice Act, Physician Assistant Act, etc.). The Division has jurisdiction over unlicensed practice outside of the parameters of this list. But the Division does not have jurisdiction over health care facilities (e.g. general acute hospitals, specialty hospitals, home health agencies, hospices, nursing care facilities, assisted living facilities, birthing centers, ambulatory surgical facilities, small health care facilities, personal care providers/facilities, health care facilities owned or operated by HMOs, or end stage renal disease facilities). Accordingly, all decisions to allow, or not allow, the performance of a listed task by an unlicensed individual belong solely to the health care facility or employer.